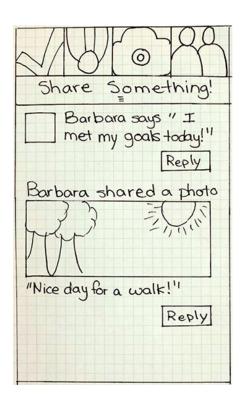
## Healthy Me Mobile

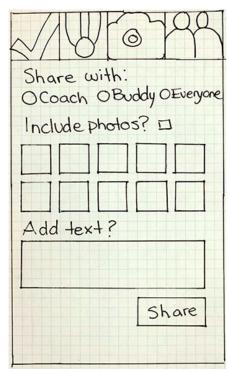
Developing self-monitoring support for low-socioeconomic status adults



Healthy Me is a weight loss program for lowsocioeconomic status adults that includes coaches, cooking and exercise classes, weekly weigh ins, etc.







We conducted observations and interview with people in the program and are designing a mobile application to help participants set goals, connect with other program participants, and stay in touch with their coaches.