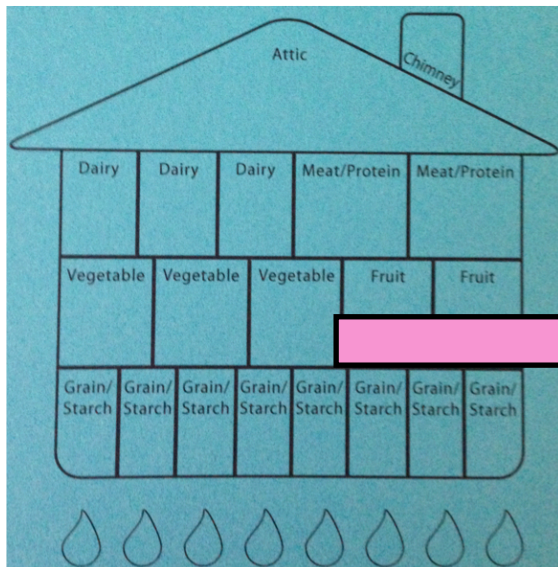


G.O.A.L.

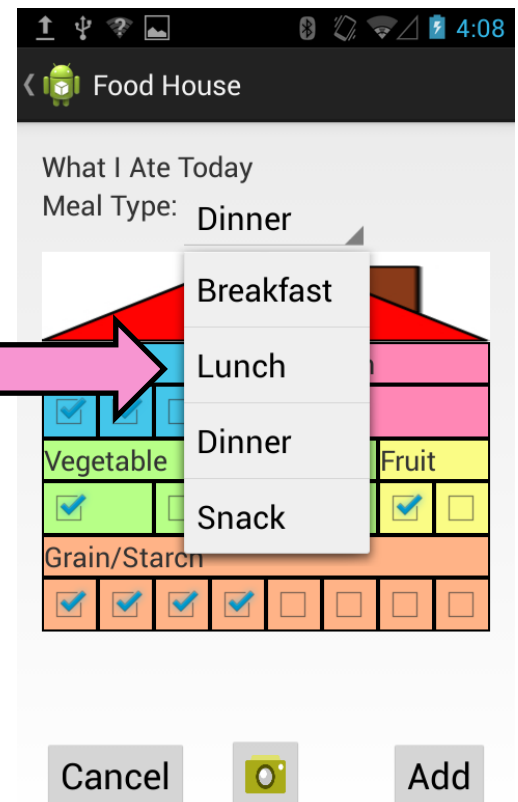
Designing a wellness application for children

1/3 children (ages 6-17) living in the United States is considered **overweight** or **obese**.

Get Onboard Active Living (G.O.A.L.) is a 12-week long **community** program designed to educate **children** and their **families** on **overall wellness**



Currently, children record their meals and activities for the week in a notebook. Often waiting until **the night before** their meetings.



We worked closely with the G.O.A.L. team, turning their existing notebook practices into **a mobile application** that **encourages real-time engagement** and health data recording.